



2023 Fall Programs & Events



Londonderry Recreation Department

Online Registration:

COMING SOON!

Join our NEW! Facebook page:

facebook

Hotline: 603-437-2675

Email: dcole@londonderrynh.org

Office Location & Hours

268B Mammoth Road, Londonderry, NH 03053

Sunday & Saturday: No Programming

Monday-Friday: 8:30AM-5:00PM

Meet Our Staff!

Art Psalidas Recreation Director

Doug Cole Assistant Recreation Director

Recreation Commission

William Manning Chairman (Dec 2025)

Kevin Foley Member (Dec 2025)

Ron Campo Member (Dec 2025)

Todd Ellis Member (Dec 2023)

Jim Loiselle Alternate (Dec 2023)

Russ Greenwood Alternate (Dec 2024)

Ted Combes Town Council Liaison

REGISTRATION INFORMATION

Registrations are now open for the Recreation Department's Fall 2023 programs. Program start dates and locations are subject to change and should be verified during registration. Registration fees are due when enrolling.

Registering: In order to register for a recreational program listed in the Fall Brochure, please fill out the [registration form \(click here\)](#) and submit payment via cash or check (payable to Town of Londonderry) to:

*Londonderry Recreation Department
268B Mammoth Road
Londonderry, NH 03053*

Forms and payments can be either mailed to the above address or dropped off in person to the Planning Department located on the 2nd Floor of Town Hall. Registrations are accepted on a first come, first serve basis.

Refund policy: A full refund will be granted if a participant's space in a program can be filled or a program is cancelled by the Recreation Department. A conflict with another sport/program does not constitute a refund. Players/participants sustaining a program ending injury before the end of a program will receive a pro-rated refund. A refund is not granted if a program is cancelled due to inclement weather. All refund requests should be sent via email to recdept@londonderrynh.org. **Our Department is in constant communication with the Londonderry School District and will modify policies and procedures as needed while using their indoor space.**

Online Registration: Our Department is working on getting an online registration software system that can be used by our residents for programs, events, trips, and more! We anticipate the launch of this system during the winter months. Stay tuned!

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**We need a
Recreation Logo!**

See page 3 for contest details!



FALL EVENTS!



FALL INTO THE SEASON EVENT		
Dates:	Friday, October 20th	
Location:	Town Common and Lion's Hall	
Ages:	Time:	Cost:
Children & Family	Activities: 4:30-6:30p Movie: 6:30pm	FREE!* *canned goods accepted to be donated to local soup kitchen.

TRUNK OR TREAT		
Dates:	Tuesday, October 31st	
Location:	Londonderry Senior Center Parking Lot	
Ages:	Time:	Cost:
12 & Under	4:30-6:30PM	FREE— RESIDENTS ONLY!

Join the Recreation and Londonderry Police Departments at the Town Common and Lion's Hall on Friday, October 20th for the 'Fall Into the Season' event, which will take place with a scavenger hunt along the trails in the Kent Allen Forest, as well as crafts (provided by the Leach Library) and pumpkin painting both at the Lion's Hall. Prizes and other giveaways will be available as well. The Londonderry Police Association will have s'mores followed by a movie starting at 6:30pm.

If interested in attending, please email Doug in the Recreation Department at dcole@londonderrynh.org with your family's headcount.



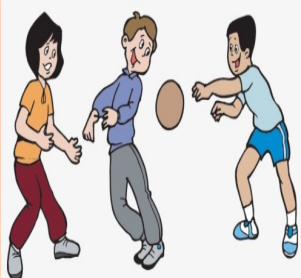
The Recreation Department is pleased to be working alongside the Londonderry Senior Center this Halloween as they will be hosting a 'Trunk or Treat' on Tuesday October 31st from 4:30pm-6:30pm for Londonderry residents ONLY ages 12 and under. The participating cars and organizations will be providing candy, prizes, and small toys to those that attend*. If interested in registering a trunk, please call Illona at 603-432-8554.



*while supplies last!



YOUTH PROGRAMS!



This 8-week dodgeball program will include a variety of different games and ways to play the sport. The program's final date will include a **Parents vs. Kids** night as well!

DODGEBALL			
Dates:	Fridays, 10/27, 11/3, 12/1, 12/8, 12/15, 12/22 Thursdays*, 11/9, 11/16 *Program times will alter slightly on Thursdays in November		
Location:	Matthew Thornton Elementary Gym		
Grades:	Time:	Cost:	Deadline:
K-1	4:00-4:30PM	\$27 Res, \$37 Non-Res	Oct. 16th
2-4	4:35-5:15PM	\$40 Res, \$50 Non-Res	Oct. 16th
5-7	5:20-6:00PM	\$40 Res, \$50 Non-Res	Oct. 16th

5-8 YEAR OLD INTRODUCTION TO TRACK AND FIELD

Dates:	Thursdays, October 19th-November 9th		
Location:	West Road Parking Lot (Tavern Lane)		
Ages:	Time:	Cost:	Deadline:
5-8	4:00-4:45PM	\$20 Res, \$30 Non-Res	Oct. 16th

A 4-week Track and Field program will begin in October for two different age groups and focus on physical fitness, conditioning, and the basics of the sport. Each age group's practice each week will consist warm-ups, plyometrics, and a workout.

A final program date will take place at the Londonderry High School Track for a mini-meet for all the participants. Parents, guardians, and family members welcome to spectate!

Volunteers needed: please contact Doug at dcole@londonderrynh.org for more information.



FALL TRACK FOR AGES 9-12

Dates:	Thursdays, October 19th-November 9th		
Location:	West Road Parking Lot (Tavern Lane)		
Ages:	Time:	Cost:	Deadline:
9-12	4:45-5:45PM	\$25 Res, \$35 Non-Res	Oct. 16th



ADULT PROGRAMS!



CLICK HERE



CLICK HERE TO LEARN MORE ABOUT THE DANCE INSTRUCTOR, [MARIE CAMMARATA](#)

DANCE AEROBICS

Dates:	Wednesdays, October 18th-December 6th		
Location:	Londonderry Senior Center		
Ages:	Time:	Cost:	Deadline:
18+	6:00-7:00PM	\$40 Res, \$50 Non-Res	Oct. 13th

The 8-week Dance Aerobics program is a 1-hour class aimed at burning more calories through a regimen of both slow and fast-paced dance routines. The class will have a warm-up and cool down period as well. No experience needed!

Sneakers are required.

TAP DANCE

Dates:	Wednesdays, October 18th-December 6th		
Location:	Londonderry Senior Center		
Ages:	Time:	Cost:	Deadline:
18+	7:00-8:00PM	\$40 Res, \$50 Non-Res	Oct. 13th

The 8-week Tap Dance program is a 1-hour class that teaches the fundamentals of tap dance while incorporating choreographed routines through various styles and periods of music. No experience needed!

Tap shoes are recommended*

**Instructor can advise.*

Join us on Sunday mornings for a 5-week Adult Ultimate Frisbee program. The rules will be available prior via email and discussed at the start of each week's session. Teams will also be made each week for this pick-up style program.

ULTIMATE FRISBEE

Dates:	Sundays, October 22nd-November 19th		
Location:	West Road (Tavern Road)		
Ages:	Time:	Cost:	Deadline:
18+	10:00-11:00AM	\$10 Res, \$20 Non-Res	Oct. 18th

RECREATION LOGO CONTEST

The Londonderry Recreation Department is in need of their very own logo, which will be visible on our website, social media pages, documents, apparel, and other department-related offerings!

We are asking Londonderry residents to submit their artwork and designs to our department by November 22nd, which is when our panel of judges will determine a winner. If your logo design is chosen, you will be locally recognized and presented with a \$50.00 Gift Card, recreation coupon for a free registration, and a t-shirt with YOUR logo on it! Residents only. No age limit for those submitting.

Please submit your design in one of the following ways:

- 1) Email to Recreation (dcole@londonderrynh.org)
- 2) Mailed to Recreation Department—268B Mammoth Road, Londonderry, NH 03053 (Town Hall)
- 3) Dropped off at Town Hall Planning Department



YOUTH SPORTS LEAGUE INFORMATION



Visit our website to find information on Londonderry Youth Sports Leagues in the area and how to register:

[Londonderry Youth Sport Leagues](#)