

**TOWN OF LONDONDERRY
CHAPTER XXVI CODE OF ETHICS
COMPLAINT FORM**

Please complete this form legibly and in as much detail as possible. Additional pages may be added:

Your Name: JOHN FARRELL

Address: _____

Phone (Daytime) _____

Person(s) against whom this complaint is made:

DEBRA PAUL

(Department/Board/Committee): Town Council

(Department/Board/Committee): _____

Description of the complaint in detail:

SEE ATTACHED, PLUS MULTIPLE ELECTRONIC
FILES SENT TO TOWN MANAGER

(Use more paper and attach, if necessary.)

With my signature, I declare that the statements made above are accurate and truthful to the best of my knowledge.



Signature

5/1/25

Date

Completed forms should be sealed and delivered to the Town Manager's Office. If the complaint involves a Town Employee, the envelope should be addressed to the Town Manager; if about the Town Manager or an appointed Board or Commission member, please address to Chair, Town Council. If the complaint involves an elected official, please address to Chair or Vice Chair of that elected body (e.g. Town Council, Budget Committee, etc.).

Ethic code violations:

Councilor Debra Paul

- Section 4.8 Non Interference: Choosing when Ms Paul is a Councilor and when she is the Publisher/Editor of the newspaper.

When serving as an elected official, you are not legally "on the clock" 24/7, but **you are accountable to the public at all times**. This means that your actions, words, and decisions — even outside official working hours — can be scrutinized and judged by your constituents, the media, and ethics bodies.

Here's how that plays out:

- **During work hours:** You're expected to perform your official duties responsibly and transparently.
- **Outside work hours:** While technically off-duty, your behavior still reflects on your office. Misconduct, conflicts of interest, or inappropriate actions (even in private life) can lead to public backlash or formal consequences.

In short:

You're not required to be actively working 24/7, but **your conduct is always subject to public accountability**. It comes with the territory of public trust

- Ms. Paul on a regular basis calls town staff and states she is calling for the newspaper, how is the staff to understand or recognize which one is happening.
- As demonstrated by the Seidenberg emails, Ms. Paul controls the assignment of the stories and has a history of altering the content to meet her personal narrative.
- Interference in the Planning Depart and Planning Board April 9, 2025 meeting, making public comments directed at applicant Ken Solinsky that his project needs to be more of a give and take for the town "Pay to Play" This is public statement by an elected official implying extortion.
- Extortion is generally defined as the illegal act of obtaining money, property, or a valuable thing from another person through threats or force. These threats can involve harm to the victim's person, property, reputation, or even a threat of exposing damaging information. In essence, extortion involves using fear or coercion to compel someone to give up something they would not otherwise have surrendered.
- Extortion is a felony in New Hampshire
- On April 21, 2025 Councilor Paul during a presentation by the Finance Director attempt to influence the Decision by the Town Treasurer on the Selection of the

Banking Partner for over 100 million in revenue. Enterprise Bank was brought several times, this Bank advertises in the Newspaper owned by Debra Paul and she stated she does her business with them today. Conflict of Interest under 6.2 Interference with staff and the Elected Town Treasurer to use her influence as an elected official to send taxpayer revenue to her customer.

- Addition evidence to support the conflict has been sent to the Town Manager electronically.

Violations of Section 6.2 A&B

- Fails to make disclosures to the Town Council and public on decisions for personal Gain. ie: Enterprise bank, Old Home Day ads using her position to influence local businesses to advertise "Pay to Play" School public notices should stop being paid, although a separate form of government all of the dollars/revenue is under the control of the town for disbursement which is under the control of the Town Council. Councilor Paul is profiting from these actions.

Violation of 6.7 misuse of Information: No elected or appointed officer or employee of the Town shall utilize or dispense information gained through said office or employment for personal profit or another's personal profit.

- Multiple Town Council meetings and Liaison meetings promoting the use of the local newspaper. Reference Seidenberg emails for the evidence that she controls the content of the stories, editorial, approval of letters to the editor to control the anti growth/development and personal agenda of her own.

Review of Section 8.11

Indemnification of Town Officers, Board Members, and Employees The Town shall undertake to indemnify and save harmless all its officers, officials, volunteers, boards, commissions and employees from personal loss and expense. Expenses may include reasonable legal fees and costs, if any, arising out of any claim, demand, suit or judgment by reason of negligent acts or omissions if the indemnified person was acting in the scope of his office or employment and in good faith in accord with the provisions of State Law.

- -8.11 Indemnification: The constant excuse for her inappropriate mis behavior or abuse has been Lyme rage invoked by Councilor Paul. She also has discussed in public that she has syphilis of the brain and the lesions on her brain. See the attached description of the violent nature of this behavior, medical cognitive, memory and judgement issues with decision making. Has this section been waived by Debra Paul due to an uncontrollable medical condition. Has this condition been disclosed to Primex? The town's insurance carrier. Has Ms. Paul signed a hold

harmless statement indemnifying the town of Londonderry from this behavior? Has this condition been disclosed to the Staff, Town Council and the voters? Why should the taxpayers be held liable for her behavior and non disclosure of these conditions.

Either recuse from all decision making or submit a resignation to the Town Council being unfit to serve due to medical and mental conditions from the diagnosed diseases.

If none of this has happen; why not? This needs to be addressed and is a major expose point for the Taxpayers of Londonderry. What was this not disclosed to the general public with such during the election season.

Review of Section 8.12 Prohibition

- Abuse of the employees, idle threats to their positions, consent solicitation of the use of her newspaper business for personal gain
-

?
Possible part to Perjury in Superior court documents

Attached documents and those sent electronically to the Town Manager and The Finance Director call into question the actions of Jonathan Esposito regarding filing in Rockingham Superior Court.

Case Number # 218-2024-CV-00307

Gannett Publishing vs Nutfield Publishing

Upon review of the documents Deb Paul electronically signs to represent herself as a non Attorney. The email address for contact is [REDACTED] Attached shows this belongs to Jonathan Esposito [REDACTED] Londonderry Member of the Trustee of the Trust Funds an elected position.

A Second Document regarding the Judgement also lists Jonathan Esposito's email as the legal on contact. This document shows that it was sign on Behalf of Debra Paul and Nutfield Publishing. The complaint is was Esposito acting as Debra Paul's Legal agent?

Was this disclosed to the Superior Court that she was no longer representing herself in this matter.

The documents are clearly stated that any false statements made in this motion are punishable as perjury which may include a fine or imprisonment.

Is Debra Paul a party to this perjury? Was it her responsibility to disclose to the Rockingham Superior court that she was no longer representing herself in this matter.

Debra Paul obvious in collaboration with a Londonderry Elected official prior to running for office again.

Is Jonathan Esposito a Member of the New Hampshire Bar Association?

Is Jonathan Esposito falsely representing people as a self proclaimed attorney?

Is Jonathan Esposito party to perjury on court documents?

An investigation should inquire/ demand the public record from Superior Court of all email transmission on Case Number # 218-2024-CV-00307

The state's criminal code, RSA 641:1, outlines the penalties for perjury. A person can be found guilty of a Class B felony

This Should all be referred to the State Attorney General; Additionally, the Town Council should review Section 6.1 Conditions for Hold office

There is clearly enough areas being called in to question to warrant a investigation under 3.14 of the Town Charter. Perhaps you should consider a third party to conduct the investigation or since it's an elected official refer the entire matter to the Department of Justice/ Attorney General.

At a minimum a public reprimand and public apology to Taxpayers /voters needs to happen. There also needs to be a public reporting of these action and investigation.

From: Jonathan Esposito [REDACTED]

Sent: Monday, April 24, 2023 9:12 PM

To: TownCouncil <TownCouncil@londonderrynh.org>; Michael Malaguti
<mmalaguti@londonderrynh.org>

Subject: Courtesy

CAUTION: This email originated from outside your organization. Exercise caution when opening attachments or clicking links, especially from unknown senders.

Jim Green doubling down on his rudeness tonight and the Council Chair not addressing it is yet again shameful behavior from this council. He is an out of control animal with the way he addresses citizens.

Interesting watching Michael Malaguti stumble thru the presentation on the Macks lease. Judging from public comment, you people have been making backroom deals again.

I'll be inquiring.

Please add this letter to the minutes of tonight's TC meeting.

Jonathan Esposito
[REDACTED]

Ethics code Violation Debra Paul Town Councilor

Section 1: Multiple areas of concern and or violation for conflict of interest:

Liens on [REDACTED] Londonderry, NH the councilors primary residence.

2012 Geo Foster and Company 47,000

January 2016 \$1,501 Dept of Employment Security

May 2016 \$1,285 exist can't find who it is unlisted

May 2016 \$4,448 Dept of Employment Security

Jan 2017 \$34,851 Nutfield taxes

Oct 2020 \$ 4,288 Discover card default judgement

Dec 2016 \$76,632 IRS was over 160,000 withholding employee payroll deductions

July 2019 \$21,728 (Printing company) Default

Oct 2021 \$ 1,811 Dept of Revenue

May 2022 \$ 955 Dept of revenue (DRA)

May 2024 \$ 46,000 Default judgement Gannett Publishing Lien pending approval

This information calls into question the ability to be unbiased. Many financial decisions made by the Town Council involve complex tax and revenue implications. The behavior above demonstrates a complete disregard or a complete lack of understanding of how our system of government functions. Additionally, the actions of receiving services from vendors and just not paying is criminal and theft of services. Payment was not withheld for poor service as a default judgement was declared.

- Conflict of interest (Constant public behavior opposing all taxes, warrant articles, union agreements all with ties to DRA which obviously Councilor Paul shows no regard and doesn't pay her taxes. Additionally, this also ties into the Department of Employment & Security and disregard for paying those fees.
- Default judgement: is a legal ruling issued by a judge in favor of one party (usually the plaintiff) when the other party (the defendant) fails to respond to a legal action, such as a lawsuit, or to appear in court. This means the defendant has effectively conceded the case by not defending themselves, and the court will grant the plaintiff's requested relief.

Perhaps all of this misjudgment and misunderstanding of the law, rules and regulations are a result of the overwhelming medical and mental conditions Ms. Pauls claims she was

diagnosed with and shares with anyone who will listen. If not this is further evidence of gross misconduct and a complete disregard for any rule of law.

Under either circumstance the council should review if Councilor Paul is unbiased regarding these agencies? Additionally, Since the Councilor has demonstrated that she is willing to not pay her own vendors will she be unbiased with the Taxpayer's dollars.

Consider recusing of Debra Paul from decisions involving the Department of Revenue Administration. Any Vendor no votes should be questioned and or scrutinized.

If the reason for all of the actions are indeed a medical and or mental health issue serious consideration should be given to submitting a resignation to the Town Council.

If not a public disclosure should be made that Councilor Paul's decision could be affected by her past behavior.

"The best predictor of future behavior is past behavior"

Key Elements of an Elected Officials' Code of Conduct

1. **Integrity and Honesty**
 - Always act in the public interest.
 - Avoid deception, favoritism, and personal gain. (See Seidenberg emails)
2. **Transparency and Accountability**
 - Disclose conflicts of interest. (see all attached information)
 - Be open about decision-making processes and use of public resources.
3. **Respect and Civility**
 - Treat colleagues, staff, and the public respectfully. (Constant abuse) see 4/16,25 rec committee meeting, see 8/12/22 Kirby Brown email pattern of behavior
 - Avoid abusive language or behavior. (First sponsored vote to reverse the profanity rule, consent claim of Lyme rage to justify behavior)
4. **Confidentiality**
 - Respect confidentiality of sensitive or classified information. (Controls the content of the local newspaper see Seidnenberg emails)
5. **Impartiality and Fairness**
 - Avoid bias in decision-making. (Facebook posting, Editorial content, newspaper stories, being interviewed by her own employee/contractor for comment, pay to play comments to local businesses, refusal to cover events unless you take out an ad)
 - Do not give preferential treatment to individuals or groups.(See above comment and Seidenberg emails)
6. **Use of Public Resources**
 - Use taxpayer-funded resources (time, staff, funds) only for official duties.
7. **Conflict of Interest**
 - Declare any personal or financial interests that could influence duties.(Demands to be paid for ads in the newspaper, Pay to play with local business who are afraid of retaliation)
 - Recuse oneself from votes or decisions where there is a conflict.(Should recuse from all land use boards and land use ordinances, use newspaper, influences letters to the editor to support her personal agenda and narrative.)
8. **Adherence to Laws and Policies**
 - Follow all applicable laws, regulations, and internal policies.(Convicted of Election laws, should be required to step down as an election official.
9. **Responsibility to Report Misconduct**
 - Report unethical or illegal behavior by colleagues or staff.
10. **Public Engagement**
 - Encourage open communication with constituents.(Uses the local Newspaper to control her personal message of zero growth while reporting misinformation unchallenged with no third party information opportunities to correct or dispute)
 - Provide accurate and timely information. See Seidenberg emails and the constant abusive use of 91a's by her attorney Kevin Coyle costing the taxpayers over \$30,000 in fees.

Misconception Phases or actions things to watch

- I never...
- Always speaking in absolutes
- Liars always answer quickly depending on the circumstances

1. Inconsistent Stories

- Their version of events keeps changing or contains contradictions.

2. Too Much or Too Little Detail

- They may give too much irrelevant detail to seem convincing, or be vague to avoid being caught in a lie.

3. Avoiding Eye Contact (or Overcompensating)

- They might look away often—or stare too much in an attempt to appear honest.

4. Unnatural Body Language

- Nervous gestures (fidgeting, touching the face), stiff posture, or lack of natural gestures can be signs.

5. Delayed Responses

- They may pause longer before answering, trying to fabricate a story.

6. Verbal Tics and Qualifiers

- Phrases like “to be honest,” “I swear,” or “believe me” may be used excessively.

7. Incongruence Between Words and Expressions

- Smiling while describing something sad, or a mismatch between tone and facial expressions.

8. Defensiveness or Aggression

- They may become unusually defensive or hostile when questioned.

9. Repeating the Question

- This gives them more time to think or may be used to buy time.

10. Microexpressions

- Brief, involuntary facial expressions may reveal hidden emotions like guilt or fear.

See below direct evidence of Deb Paul controlling the content and story



From: John W. Farrell <jfarrell@londonderrynh.org>
Sent: Wednesday, July 21, 2021 12:31 PM
To: John Farrell [REDACTED]
Subject: Fwd: John story

John Farrell
[REDACTED]

Begin forwarded message:

From: John Seidenberg [REDACTED]
Date: July 20, 2021 at 1:52:21 PM EDT
To: "John W. Farrell" <jfarrell@londonderrynh.org>
Subject: Fwd: John story

CAUTION: This email originated from outside your organization. Exercise caution when opening attachments or clicking links, especially from unknown senders.

John,

I just wanted to pass along this message to you. I watched last night's meeting to hear Kevin bring up the budget story. Despite Deb telling him the paper would run a correction, this email from her is closer to what I expected her response to be.

I wrote a dull story so it needed spicing up to interest readers. The changes made reported something false though that's really beside the point. It's actually my fault the story was changed.

My sympathies to the town having someone like this holding office and treating the paper as a vehicle to run what she pleases, as long as it aids in her next campaign.

Sent from my Verizon, Samsung Galaxy smartphone
Get

From: Deb Paul [REDACTED]
Sent: Tuesday, July 20, 2021, 10:12 AM
To: John Seidenberg
Subject: FW: John story

*THIS HAPPEN DURING
THE FIRST TERM*

This is what Chris

It was the second paragraph to get readers interested in a otherwise boring story.

Although Smith didn't give many details about it at the meeting, he divulged that because of a recent tax abatement awarded to the Granite Ridge Power Plant, there would most likely be a need to raise residential property taxes to make up for the loss. He also mentioned the fact that property reevaluations are currently being done.

CHAPTER XXVI CODE OF ETHICS

SECTION I PURPOSE

The purpose of this code is to provide an educational tool and to establish guidelines and community expectations for the ethical standards of conduct for town officials, board members and employees. 11

- Town officials, board members and employees (defined as an elected town official, a volunteer appointed by the Town Council, and a person who is an employee of the Town, one who is paid for their service, but who is not an independent contractor - individually and collectively know hereafter as Community Officials) shall act in the best interest of the town. 10
- Community Officials shall remove themselves from decision making if they have a conflict of interest. (A conflict is when a Community Official votes or acts on a matter in which they have a direct, immediate and definite personal and pecuniary interest, which is capable of being demonstrated.) 1,8
- Community Officials shall be impartial, and responsible to the community in their actions. 10,11
- The town's official decisions and policies shall be made through the proper channels of government as established by the Town Charter and Ordinances, and State Statutes. 1,8
- Public office, a volunteer position or town employment shall not be used for personal gain. 1,7,8,9,10

This code establishes guidelines and expectations regarding potential ethical issues, and it establishes a course of action for bringing complaints.

- D. Immediate Family: "Immediate family" is defined for purposes of this policy to include spouse, civil union partner, children, parents, stepparents, stepchildren, brothers, sisters, half-brothers, half-sisters, immediate in-laws, grandparents, grandchildren, or other person living in the household of the prospective employee, Town employee, elected official, elected or appointed member of any Town board or commission, or Town Manager.
- E. Effective Date: The provisions of this policy shall become effective on passage by the Town Council and shall apply to all those elected, appointed or employed in any capacity by the Town after date of passage. The Town Manager shall take appropriate measures to limit the circumstances under which employees are supervised by members of their immediate family. To the extent such conflicts cannot be avoided, the Town Manager shall review and approve any performance evaluations, disciplinary actions, or changes in job status in order to assure that the public's interests are served.

SECTION III CODE PROVISIONS

A. No Conflicts of Interest

Community Officials of the Town shall avoid conflicts of interest. In such instances, you shall recuse yourself from discussion and decision-making. (Recusal means to remove yourself completely from all further participation in the matter in question.) 1.8

Community Officials or members of their families having professions outside their relationship with the Town that routinely do business with the Town of Londonderry shall not be awarded any work, of any value, except that it be done through a complete and open competitive procurement process. (Family is defined as a Community Official's lineal ascendants, lineal descendants, adoptions, siblings and offspring, a Community Official's spouse, the spouse's lineal ascendants, lineal descendants, adoptions, siblings and offspring, members of the same household, and participants in a Civil Union as defined under RSA 457-A.) 2.8.9

B. A Duty to Recuse in Quasi-Judicial Actions

C. A Duty to Disclose

D. No Unfair Personal Use of Town Property

E. No Misuse of Confidential Information

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A newspaper publisher is the individual or organization responsible for overseeing the entire process of producing and distributing a newspaper. This includes managing the editorial team, overseeing budgets, making business decisions, and ensuring the financial success of the publication.

Here's a more detailed look at the role of a newspaper publisher:

Key Responsibilities:

Financial Management:

Managing the budget, ensuring profitability, and making decisions about advertising and subscriptions.

Leadership and Strategy:

Developing long-term vision and strategy for the publication, including its content, target audience, and market position.

Human Resources:

Hiring, training, and managing the staff, including editors, reporters, and sales personnel.

Business Operations:

Overseeing the day-to-day operations of the newspaper, including printing, distribution, and customer service.

Production:

Ensuring the quality and timeliness of the newspaper's content, including the news stories, features, and advertising.

Relationship with the Editor:

Collaborating with the editor on content direction and strategic decisions.

Hello, Mr. Butler.

You and I have had no direct contact before. Since January I've done part-time writing for the Londonderry Times and its two related papers. I am based in the Washington, D.C. area and work full time here. I once lived in New Hampshire for a year and worked for a small weekly paper. My beat included one of the local selectmen boards.

My company has worked remotely since the start of the pandemic. Under customary circumstances were I not at home I probably would not've taken on this part-time reporting. I have covered you both on council meetings and your role as liaison to the heritage commission. I think the first time was the meeting at which Kevin Smith introduced the topic of the editorial the paper publisher and your council colleague had just written. My story also included your very pointed comments about it.

Would you permit me to say you were absolutely on the mark about her at that time. I have been appalled by the unapologetic sloppiness with which she runs her papers, and her refusal to own up to what the real work situation is there. I'm not referring to aspects of the business apart from the writer's responsibilities. We are supposed to have some six writers according to the number of names on the emails sent out.

However, it's usually just three of us who seem to do stories. Then there is her continual and chaotic scrambling for more stories each week as she won't acknowledge how many writers she really has. She said we'd go to assigned beats in April and meet by Zoom every couple of weeks or so to go over stories. She's never made good on either of those. Having Zoom meetings would only show how few reporters she has.

She's under counted the number of stories I've had in the paper to pay me less. Almost more appalling is she has put my byline on someone else's story and then also put someone else's name on my story. She did that with a story I wrote on the PUC meeting about the water increase issue in Hampstead. Anyone who was on that meeting would know I covered it because I was asked to introduce and identify myself at the beginning. Members of the Hampstead water committee and their selectman liaison were also on the meeting.

I find it demoralizing and degrading to have an association, even one from a distance, with her. I've all but decided to give notice in June. I would just reiterate something from the council meeting where her editorial was discussed. You're quite right she does have an enormous conflict and her offer to have anyone write letters to the editor is hardly the same as her platform in having the paper. I wouldn't know, though might guess, how she is as a fellow council member. I don't know how much longer her term is. May the voters please rethink this situation by the next election.

I've liked the beat I've been on there and most of the issues I've covered. It is different doing it remotely from when I was there in person. That was 40 years ago and I've been reminded of that time this year. Even back then I was struck by the true local nature of New Hampshire town government, far different from anything I'd ever seen in Virginia where I grew up with the board of supervisors system. Virginia also doesn't allow any cities to be located within counties which I've always thought rather strange.

I salute people who get involved locally because they want to make a constructive contribution for their fellow citizens and are not driven by other interior or ulterior motives.

My family and I are taking a trip to your state at the end of June to see the lakes region where we haven't been before. "On Golden Pond" opened in theaters when I lived there. When our

son was a year and a half we took him on his first train ride on the cog railroad up Mt. Washington which I had once climbed. We look forward to coming as we haven't been away in the summer for two years.

My respect and best wishes to you.

John Seidenberg

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Budget story

I have thought over the past week about what occurred with the budget story and just wanted to add a few other comments if I could.

You may both be thinking along these lines already, but I hope it's possible at the next council and budget committee meetings to publicly discuss that story and the changes made to it from what I wrote and submitted, attributing remarks to Kevin you didn't make and that I didn't write. There is a calculated risk in writing for that newspaper because there can be no telling what changes -- significant major changes -- may be made to a story before publication. The two in charge apparently have free rein to do as they please.

It's even occurred to me that the publisher could use a statement, as "reported" in the paper, as an issue to run on for another term. In this particular case, though, Kevin, because you have the story as I wrote it from the budget meeting, any attempt to do that here should be shot down. I made it a point to save every story I wrote in case any issue ever subsequently arose. I had to send her stories again that I'd previously emailed that she had lost and of course I re-sent copies of what I wrote after she put someone else's byline on one of my stories and then put my name on a story by another writer.

All the while she struck me as considerably disorganized and having difficulty in keeping straight some actions of the Londonderry council of which she's a member in terms of her confusing instruction on town stories. How she could argue the paper isn't a vehicle for her, after she had inserted a letter to the editor ostensibly from her husband defending her and going after Jim Butler following their public dustup, is absurd. Her husband functions as the editor though may not have that specific title. That amounted to a letter to the editor from the editor. I wonder if [REDACTED] could have directed that a letter in support [REDACTED] be published forthwith. I doubt it.

She will cite illness, overwork, not having enough staff, her husband and daughter having other jobs, rushing to get to deadline or people not knowing the real her when mistakes appear in the paper. What happened with the budget story though amounts to falsification.

It's a relief not to have to contend with her further. I considered stopping a month sooner than I did after the earlier incidents. But I told her I'd write until the last week in June as she said she had to look for another writer and I was still working full time from home then.

In the interest of propriety, I hope if she's eligible to run again she will be vigorously challenged, and that justice may prevail. What happens with the paper is another matter. I only tried to do my best, regardless of who I was working for.

John, something I mentioned to you before and your observation on it prompted me to consider a factor I should've thought more about. It was related to my part-time work as a copyeditor on a publication owned by a longtime publisher in D.C. covering regulation, legislation, and legal rulings in the federal government. That company was bought by the Bloomberg news organization.

Michael Bloomberg had the company before he was mayor and turned over its operation while he was in office. What you and I talked about was when he ran for president, he instructed all

Bloomberg publications to not cover his campaign or any of the other candidates running. I was thinking in terms of short-circuiting coverage in his publications. But you pointed out Bloomberg had enough presence of mind to consider any coverage of him or the competing candidates in his publications might be questioned by readers for objectivity and he decided there would be no presidential candidate coverage. As his candidacy was not long in duration, the publications resumed coverage once he was out of the race.

But you got me to think about something there I hadn't sufficiently appreciated. Would that everyone who has responsibility for operating news publications think in terms of the public and not simply their personal interests.

I appreciated dealing with you and thank you for your professionalism.

John

Crazy stories

I wanted to tell you my presentation at work on New Hampshire's default budget system is set for the last week of this month. It will coincide with the end of the federal FY which is of interest to many people at our organization who closely follow the DoD and DHS budgets in assessing costs. Thank you again for speaking with me. I appreciated your perspective on the town's use of this budget tool.

This is more a school-related question but I just wondered if a name change was ever proposed for a school in the district whether that decision would ultimately be made by town voters? That issue has come up in areas where I live because this is the South and some schools were named for Confederate figures. But the decision about what to do was made by the school board.

Since I stopped writing for the LT I had the opportunity to learn of other ways in which Madam Paul has conducted herself in running the papers and treatment of staff. I understand there previously was another editor at the Nutfield News, not [REDACTED]. The unprofessional behavior was common, deciding to do stories based on who she had a grudge with or was jealous of, or simply based on conspiracy theories, not paying people, checks bouncing, her lack of concern about the level of work writers produced, and putting reporters in the strange position of covering town meetings where she would often speak sometimes yelling and crying. I had a taste of that with the council meeting where she and Jim Butler shouted at each other.

You probably are aware already of some if not most of these things. Something else odd was all the writers on the paper seemed to be independent contractors even if they were based in the region. I learned of the prior lawsuit that came about over the Pauls not paying the IRS tax being deducted from paychecks. I'll wait to see if I receive a W2 form next tax season. I found a story from around 2010 in the Derry News about the planning board ordering them to vacate

the building they were using for the newspaper offices. Strange that she's now a liaison there for the council.

When I talked to her before I started she told me which towns the paper covered and their size, and also what an awful paper the Derry News was. But she didn't utter one word about herself being on the council while also publishing the papers. I didn't know that until after I began. She had her husband fabricate comments Kevin didn't make about property taxes in the last story I wrote on the budget to get more people to read it because the story itself was too dull, she said. I wish she would've said that at the next council meeting for all to hear. When questioned about her actions, she has the same refrain about having cancer and being under attack. But she's never too ill to run for the council. Local journalism there will continue to be discredited as long as she has any connection to it. If she's still on it, may the town voters please wake up by the next time.

Thanks again for your time and my best wishes.

John Seidenberg

https://www.derrynews.com/news/local_news/nutfield-publishing-under-court-order-to-vacate/article_352f17f6-0b34-5e49-8388-2b4d3026faab.html

"I graduated with a major in psychology and a minor in biology. I hadn't ever really dove into running a paper," Paul said. "But, I got help from people around me and learned a lot fast." (Salem State has no record of graduation)

<https://www.lancerspiritonline.com/28722/features/woman-to-watch-march-28-deb-paul/>

https://www.derrynews.com/litchfield-road-property-eyed-for-historic-upkeep/article_c014784b-c1f0-5416-8bb3-3a9facf06425.html

<https://www.doj.nh.gov/news-and-media/newspaper-publisher-debra-paul-found-guilty-election-law-violations>

<https://www.newscentermaine.com/article/news/crime/new-hampshire-newspaper-publisher-found-guilty-of-political-advertisement-omissions/97-708c4c8f-9529-4a2e-99c2-33cc3d1bc780>

https://www.derrynews.com/news/londonderry/londonderry-times-publisher-must-pay-620-in-fines/article_f0f90242-8b3d-5b7d-97ca-ba79791832e5.html

<https://pressfreedomtracker.us/all-incidents/new-hampshire-newspaper-publisher-arrested-charged-with-violating-political-ad-laws/>

Article shows warned multiple times while a sitting Town Councilor.

<https://www.newsday.com/news/nation/publisher-arrested-political-ads-new-hampshire-t17436>

<https://www.boston.com/news/crime/2022/08/25/new-hampshire-publisher-debra-paul-arrested-londonderry-times/>

Arrested while serving on the Town Council never voluntarily reported to the public or the Town Council.

https://www.reddit.com/r/newhampshire/comments/1euesi8/londonderry_whats_going_on/

https://www.eagletribune.com/news/new_hampshire/nutfield-publishing-owes-163k-to-irs/article_1c29d2c8-0ec6-5fa1-8e9d-b6624b4ec2c4.html 163K Payroll taxes

[https://www.derrynews.com/news/londonderry/publisher-criticizes-town-decision-on-legal-
notices/article_e74018ed-0af4-5805-aa18-328693605aac.html](https://www.derrynews.com/news/londonderry/publisher-criticizes-town-decision-on-legal-
notices/article_e74018ed-0af4-5805-aa18-328693605aac.html)

Ending Public Notices

[https://cmsarchive.civicplus.com/LondonderryNHArchive/londonderrynharchive.vt-
s.net/Pages/LondonderryNH_MinAgArchive/LondonderryNH_ZoningMin/p2018/6.%20%20ZBA%20
June%2020%202018%20\(A\).pdf](https://cmsarchive.civicplus.com/LondonderryNHArchive/londonderrynharchive.vt-
s.net/Pages/LondonderryNH_MinAgArchive/LondonderryNH_ZoningMin/p2018/6.%20%20ZBA%20
June%2020%202018%20(A).pdf)

ZBA Decision only 300 Square feet

 Elect Deb Paul for Londonderry Town Council?? Why should voters trust her after:

1. She owed the IRS \$163k for failing to pay them the taxes she withheld from her employee payroll.
2. She was convicted of a misdemeanor by the State of NH for election law violations.
3. She was sued by her printing vendor and found by the Court to owe \$46k+ to them.
4. She was found to plagiarize her editorials more than once.
5. She settled with the Town to offer free ads in lieu of paying penalties for violating building permits.

Not to mention how unethical it is that you're running for public office as the owner/editor of the local paper. And we all know there's so much more.

What does pecuniary mean in legal terms?

In law, pecuniary is defined as something that relates to money or property. Pecuniary is also used synonymously with the word financial.

Pay to Play term - relating to or denoting an unethical or illicit arrangement in which payment is made by those who want certain privileges or advantages in such arenas as business, politics, sports, and entertainment:

Legal ads

[https://bloximages.chicago2.vip.townnews.com/derrynews.com/content/tncms/assets/v3/editorial/
/2/74/274c6a88-608f-11e9-896a-af590b24abb3/5cb649f4de6de.pdf.pdf](https://bloximages.chicago2.vip.townnews.com/derrynews.com/content/tncms/assets/v3/editorial/
/2/74/274c6a88-608f-11e9-896a-af590b24abb3/5cb649f4de6de.pdf.pdf)

Deb Paul is the publisher of the *Londonderry Times*, a free weekly community newspaper that she started and on which she works with her husband. Controls the weekly content Conflict of interest

"When I moved there was no paper and I didn't understand how things worked.

"We voted down something and the next thing I know, they're building it. Everybody voted down a power plant and the next thing I know we had a power plant. False statement I didn't understand and I figured if I didn't understand, other people must not understand," she explains.

The Londonderry Times was one of four papers Deb founded over 20 years ago, two of which were shut down during Covid, and has moved from monthly to fortnightly and finally, weekly distribution. Claimed as recently as April 2025 they ran 4 newspapers

They are free mailed to everyone because information should be free," she says. "We've made a lot of changes and we keep an eye on things. The government hates us but the residents love us." Conflict of Interest

"We have 70 acres up in the north part of Londonderry that is called the Musquash. It's conservation land and they have what look like houses that are built on the ground, almost like out of a nook, kind of Hobbit looking," says Deb. (the Musquash is over 1000 acres) 800 acres is Town own land.

"As a matter of fact when I was a town councillor I tried to initiate a sister city programme with you guys in Londonderry with us," says Deb. No record of this happening misstatement

"It fell through the cracks, [but] I'm going to try it again. Once we have elections in March, I'm going to bring it up to see if we can engage in that again."

~~Deb Paul is the publisher of the Londonderry Times, a free weekly community newspaper that she started and on which she works with her husband. Controls the weekly content Conflict of interest~~

PUBLISHED IN IRELAND

Lyme rage" refers to the experience of acute, intense episodes of rage and potential violent behavior that some individuals with Lyme disease report. This can include a sudden onset of extreme anger, often with limited cognitive control. While not universally experienced, these episodes can be a significant symptom of Lyme disease, and it's important to consult with a doctor if you are experiencing such symptoms.

Elaboration:

Lyme Disease and Personality:

Some experts believe that Lyme disease can affect personality and brain function, potentially leading to changes in mood and behavior.

Neuropsychiatric Symptoms:

Lyme disease can cause various neuropsychiatric symptoms, including mood swings, irritability, and cognitive difficulties.

Can Lyme disease change personality?

The Impact of Lyme Disease on Mental Health: Understanding ...

Dementia: Lyme disease can cause neurological issues leading to memory loss, confusion, and changes in personality or mood. Some research discovered that Lyme disease can lead to a quickly advancing form of dementia that primarily affects the frontal region of the brain

Most aggression with LD was impulsive, sometimes provoked by intrusive symptoms, sensory stimulation or frustration and was invariably bizarre and senseless. About 9.6% of LD patients were homicidal with the average diagnosis delay of 9 years. Postinfection findings associated with homicidality that separated from the non-homicidal group within the 95% confidence interval included suicidality, sudden abrupt mood swings, explosive anger, paranoia, anhedonia, hypervigilance, exaggerated startle, disinhibition, nightmares, depersonalization, intrusive aggressive images, dissociative episodes, derealization, intrusive sexual images, marital/family problems, legal problems, substance abuse, depression, panic disorder, memory impairments, neuropathy, cranial nerve symptoms, and decreased libido. Seven LD homicides included predatory aggression, poor impulse control, and psychosis. Some patients have selective hyperacusis to mouth sounds, which I propose may be the result of brain dysfunction causing a disinhibition of a primitive fear of oral predation.

Conclusion

LD and the immune, biochemical, neurotransmitter, and the neural circuit reactions to it can cause impairments associated with violence. Many LD patients have no aggressiveness tendencies or only mild degrees of low frustration tolerance and irritability and pose no danger; however, a lesser number experience explosive anger, a lesser number experience homicidal thoughts and impulses, and much lesser number commit homicides. Since such large numbers are affected by LD, this small percent can be highly significant. Much of the violence associated with LD can be avoided with better prevention, diagnosis, and treatment of LD.

Neurosyphilis is a serious complication of syphilis where the infection spreads to the brain and central nervous system. It can cause a range of symptoms affecting the nervous system, including difficulties with movement, memory, and thinking, as well as mood and mental health issues. Neurosyphilis can manifest in different forms, each with its own set of symptoms, and can develop at any stage of syphilis, including early stages.

Symptoms:

Abnormal walk or difficulty walking: Neurological damage can affect balance and coordination.

Numbness in extremities: Nerve damage can cause sensory disturbances.

Memory and thinking problems: Cognitive function can be impaired.

Mental health problems: Depression, irritability, and even psychosis can occur.

Vision problems: Ocular syphilis, a related condition, can affect vision.

Hearing problems: Otosyphilis, another related condition, can affect hearing.

Other symptoms: Headaches, stiff neck, seizures, and mood swings are also possible.

Early symptoms include mood disturbances such as irritability, personality changes, alterations in sleep habits, and forgetfulness. Late symptoms include labile mood, memory and judgment impairment, confusion, depression, agitation, psychosis, delusions, and seizures.

What are the mental illness symptoms of syphilis?

It can cause psychiatric disorders including depression, mania, psychosis, personality changes, delirium and dementia. With the introduction of penicillin into practice, the number of cases with syphilis decreased and its incidence increased with AIDS and HIV seropositivity.

Can syphilis brain damage reversed?

Without treatment, syphilis can lead to damage throughout the body. Syphilis also raises the risk of HIV infection and can cause problems during pregnancy. Treatment can help prevent damage. But it can't repair or reverse damage that's already happened.

Syphilitic dementia, also known as general paresis or neurosyphilis, is a form of dementia caused by the bacteria *Treponema pallidum* infecting the brain. It's a late-stage complication of untreated syphilis, typically occurring 10 to 30 years after the initial

infection. Symptoms can include memory loss, impaired judgment, confusion, mood swings, and personality changes.

Early Symptoms:

Irritability, Forgetfulness, Personality changes, Changes in sleep habits, and Mood disturbances.

Deb Paul has made the statement publicly to all who would listen that she suffers from this disease and from lesions in her brain.

C. **Town Councilors and Town Manager:** To avoid any actual or perceived conflict of interest in the awarding of business and contracts with the Town, no person serving as a Town Councilor or Town Manager shall take part at any stage in any negotiations, or vote on any contract or agreement between the Town and any individual or entity in which he/she or his/her immediate family has any direct or indirect financial or gainful interest, however small. Compliance with this provision shall be a condition of holding office pursuant to Article 6 of the Town Charter.

Letters

Continued from page 16
trustee on March 11.

Christine Patton
Londonderry

What's Important To the editor,

Local journalism like that provided by the Londonderry Times is profoundly important in a democratic society. I respect the work that the staff of the Londonderry Times does under Deb Paul's leadership, but that is precisely the reason why I cannot support her candidacy for town office. I do not question the assertions made in these pages by Ms. Paul and her supporters that she loves this town and wishes to serve it. However, serv-

ice in such a prominent elective office is fundamentally incompatible with Ms. Paul's journalistic obligations.

By virtue of being a candidate while simultaneously serving as owner/publisher of this newspaper, Ms. Paul calls into question the fairness of the local political coverage of the Londonderry Times. How can I trust the reporting of this outlet on local government affairs when its leader is a candidate for office? Voters who sincerely seek information suffer from any media outlet becoming a partisan mouthpiece rather than a trustworthy source of facts.

The problems that come from Ms. Paul's candidacy pale in comparison to the conflicts

that must inevitably arise if she is elected. The greatest danger comes from the Londonderry Times losing its ability to act as a watchdog in covering decisions on which Ms. Paul's position succeeds. A local newspaper should always maintain a skeptical eye on the actions of all municipal officials, looking out for possible conflicts of interest and/or acts of negligence. How could the Londonderry Times do that if its owner/publisher is one of the officials making the decisions?

Though I don't know Deb Paul (or any other candidate for Town Council) on a personal level, I respect her obvious dedication to this community. Nevertheless, I won't be voting for her.

By running this newspaper, Ms. Paul performs an admirable service for the people of Londonderry. For the press to serve its function properly, it must be able to operate at arm's length from the government that it seeks to hold accountable. That can't happen with Deb Paul on the town council.

Edward MacKenzie
Londonderry

ARTICLE NO. 7: (FIRE DEPARTMENT EQUIPMENT CAPITAL RESERVE FUND)

MR. MACKENZIE GOT THIS 100% CORRECT
DEB PAUL BLATANTLY WORKS TO
CONTROL THE STORYLINE AND MESSAGE
TO THE COMMUNITY.

SEE EXAMPLES & ATTACHED PRESENTATION
SENT TO TOWN MANAGER

Planning/Council

continued from page 1

dance. Town Council Chair Ron Dunn attended part of the meeting, but had to leave before the joint discussion began. Faber said he spoke with Town Councilor Ted Combes ahead of time and was told Combes would not be able to attend. Newly elected Town Councilor Deb Paul was out of town.

"What I want is for two boards to get in line for the first time ever and have a real conversation of what needs to happen," Butler said.

He noted that issues like traffic are areas where the two boards could work collaboratively.

"What I want to see is a way that it's going to get fixed," Butler said.

Butler added that during a recent Town Council meeting, members outlined goals such as limiting development, and he had hoped to begin a dialogue about how the Planning Board could support those efforts.

Because the council lacked a quorum at the workshop, Butler said they could not gather a comprehensive view from the council, adding that he understood a week's notice may have been short.

"I want to get us all on the same page so everybody's working in the same direction instead of two ships passing in the night," Butler said.

Bouchard said he believes it would make sense to schedule a joint meeting after a new Town Manager is hired.

During public comment, former Town Councilor John Farrell suggested that the Planning Board does not necessarily need Town Council input to move forward.

"You're greatly underestimating as the Planning Board how much power you have. You don't need the Town Council. You have the tools today. It's called the CIP," Farrell said. "That's your strategic plan to go forward."

He explained that the Planning Board can present its plan through the Capital Improvement Plan (CIP).

"The CIP is one of the strongest tools you have and it's underutilized and it's your tool, it's your authority," he said.

Assistant Town Manager Kellie Caron said the CIP process typically begins in May or June, with meetings scheduled later in the

year.

She noted they could explore ways to incorporate general traffic improvements into the CIP.

Planning Board member Jeff Penta agreed that the CIP could be an effective mechanism.

"I think that's an effective tool," he said.

Butler emphasized that collaboration with the Town Council remains important to achieving goals.

"I agree with that. I think everybody working together you can get (more accomplished)," Bouchard said.

No date was set for when the Planning Board and Town Council will meet jointly.

Reached after the meeting, Deb Paul explained that she had a family trip planned weeks before the meeting had been disclosed.

"Had I known this meeting was taking place, I may have been able to reschedule, but I was half-way across the country the night of the meeting," Paul said.

She added, "I'm looking forward to helping to make some significant changes in controlling growth in the upcoming months, but until the new Town Manager begins in June, I feel our efforts will be a bit premature."

THE TIMES
ONLY QUOTES
THE PUBLISHED
& ALWAYS AFTER
THE FACT.
CONTROL OF
THE MESSAGE
AND STORYLINE

Master Plan

Continued from page 1
that NH has to come up with 60,000 new homes by 2030. Well, no one town and no one region is going to be able to supply that."

Committee member Bob Robicsek argued that subsidized housing was the only affordable solution, an option that would almost certainly require state and federal support to be effective.

"Unless you have federally subsidized housing, the market is going to dictate what people build, because developers build to make money," said Robicsek. "I struggle with this, but it's not up to Londonderry to solve everybody's hous-

ing option."

Committee Chair Jeff Penta agreed, saying the matter was "out of our purview" beyond advocating for new laws and removing regulatory roadblocks on a "macro level."

The Steering Committee's focus remained on finding different housing types, a strategy that attracted some criticism.

"What are we missing for diversity in our housing market?" asked resident Deb Paul. "We have apartments, high-densi-

ty apartments, luxury apartments, condos, rental houses, regular houses, big houses, and little houses, we even have some trailer parks, so what is missing?"

She argued the town already has extensive housing diversity without much impact on prices, and a vaguely written Master Plan might encourage developers to start new projects without regard for existing Londonderry residents. She said, "We need to be

very careful about the words we use, so choose wisely, because developers could use those words against us in a way not intended."

After some debate, the Steering Committee agreed to focus the regional context more on housing availability, not affordability.

The next meeting of the Master Plan Steering Committee is set for Thursday, April 17, at 6 p.m. in the Moose Hill Council Chambers.

DOZEN'S OF EXAMPLE EXIST. ALMOST .
ON A WEEKLY BASIS THE BLATANTLY OBVIOUS
BIAS TO TELL THE PUBLISHER'S
VERSION OF THE TRUTH OCCURS

THIS IS A OVERWHELMING & CONFLICT OF INTERESTS

Editorial

There are three sides to every story. Theirs, Yours, and the Truth

Facts are Facts. They are static, not changing based on our opinion or interpretation.

Unfortunately, when telling a set of facts to another, we inevitably do so in narrative form. We present the facts, but it is our understanding or interpretation of them, not necessary the truth. This personal bias is human nature; it is unavoidable, often subconscious, and there are many influences that affect someone's view of an event.

In my profession you have to be inquisitive. Getting the facts involves listening to people's narratives, and being a puzzle master, finding pieces that fit together to give the public the most comprehensive view of a story.

Because life is not black or white, but often a shade of gray, the way we communicate events to one another often falls into the gray. This differs from the newspaper, which should be just the facts, absent emotion or opinion, which is a challenge.

Whenever someone tells a story, it's through their perspective and how they experience it, and any narrative is bound to have a slight variation on the absolute truth. Parties on different sides of an issue often have grounds to feel wronged, have a need to be heard, or a worry of feeling unheard. It is best to gather as many sides as

possible before one makes conclusions.

Lately, at public meetings we have heard references to "controlling the narrative". There is a persistent trend in our community in which a set of facts or issue arises that is perhaps unpleasant. Instead of the powers that should be tackling these issues, they attempt to "control the narrative", to minimize the unpleasant nature. They do so in seemingly innocuous ways; their narratives appear reasonable, but when examined closely, do not bear up as accurate.

Set emotion aside when listening to the often-charged conversations that occur at public meetings. How we feel about things matters less than having a clear understanding of what actually happened. Let's avoid being guilty of "Controlling the Narrative" and avoid putting words into others' mouths, making assumptions, or omitting important facts that change the whole story.

At the end of the day, no one is telling you the absolute truth, they simply cannot. There are always many sides or perspectives to the story. The best things one can do is examine the facts and determine the truth for themselves. It is only then that the truth begins to take shape. The truth has a way of getting out eventually!

PUBLISHER'S OWN WORDS

"NO ONE TELLS THE TRUTH" EQUALS

NO MORAL COMPASS - IS SOMEONE

WHO CANNOT DISTINGUISH BETWEEN RIGHT & WRONG

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